



Junior Lifeguard Newsletter

Session 1 - Week 3, 2026

Tomorrow is the last day of JG's! What an adventure the last three weeks have been. We enjoyed spending time with your great kids and hope they had fun learning about ocean safety, playing at the beach, surfing, and creating summer-time memories with their friends!



Highlights of the week include Beach Flag and Tennis Ball competitions, "Musical Boogie Boards", CPR training, volleyball, a train safety presentation, free swim, and a field trip for the LCC's on Captain Dave's Dolphin Safari. The LCC's saw lots of dolphins and enjoyed pizza at Baby Beach!



JG instructors covered many important topics with their classes this week:

- First Aid: Heat/Cold Illnesses
- Communications: Phones and Radios
- History of Lifeguarding
- Laws and Ordinances
- Lifeguard Jet Ski Operations



We conclude Session 1 with a potluck and awards ceremony tomorrow, July 10th. Your JG is free to bring snacks or drinks to share with their class (approx. 20 kids). Parents are invited to join us at the end of class for the awards ceremony. Photos and certificates will be distributed.

AM Session Awards Ceremony: 11:15am

PM Session Awards Ceremony: 3:15pm

We hope to see you at the San Clemente Ocean Festival on July 18-19! Be sure to sign up your JG for the Junior Lifeguard Competitions, including beach flags, surf race, run-swim-run, and paddleboard race. Sign up at: www.oceanfestival.org.

Lost and Found: Please stop by our Lost and Found Bin to claim your missing fins, towels, sandals, rashguards, water bottles, hats, and sweatshirts.

Thank you JG Families for an awesome 3 weeks!